

Urban GAPs

First Presbyterian Church — Fort Worth, TX

Suggested Things to Bring

- Sleeping bag or sheets/blanket and a pillow
 - **Air mattresses and hard gym floor will be provided****
- Towels
- Toiletries*
- Swimsuit (for community showers and swimming)
- Clothes to get stuff done in:
 - Must include 1-2 pair of long pants
 - Tennis shoes or work shoes (must have a closed toe)
 - Clothes to paint in (you may paint 1 or 2 times during the week)
 - No spaghetti straps or midriff shirts please
- Clothes to hang out in
- Clothes to wear to church
- Self-care stuff:
 - Hat
 - Sunscreen
 - Insect repellent
 - Water bottle: You must keep hydrated in the summer heat
- Work gloves for yard work, cleaning up, etc.
- Flashlight and batteries
- Music and/or instruments for worship/devotionals (please get permission)
- Camera and film
- Games/playing cards
- Bible!
- Journal
- Whatever else your youth director/sponsor says
- Open mind, open heart, open hands.

*-The church is close to CVS, Walgreen's, Super Target and other stores for lost or forgotten items.